



WELLNESS GRANTS

WE'RE HERE TO HELP YOU PROVIDE EMPLOYEE WELLNESS PROGRAMS WITHOUT BREAKING YOUR BUDGET!

Every year the Health Benefits Trust sets aside \$100,000 for Wellness Grants to help health insurance member employers offer wellness programming for their employees. In the past, our Wellness Grants have funded health fairs, "lunch and learn" classes, fitness instruction and equipment, employee participation in Weight Watchers or Jenny Craig, onsite nurse, and more!

The application process is quick and easy, and members are eligible to receive up to \$10,000 annually. Members can apply multiple times a year as new events and programs are developed. Applications are available online, at www.nclm.org.

WELLNESS GRANT GENERAL INFORMATION AND CRITERIA

- Programs with a per-employee fee may spend up to \$50/employee, with a minimum of \$500 or the cost of the event (whichever is lower) and a maximum of \$5,000 per event.
- Programs that do not have a per-employee fee should submit a quote for expenses with the application.
- Onsite health screenings costs are not eligible for wellness grant funding.
- Groups who indicate they leaving the Health Benefits Trust or who are actively seeking quotes for new medical insurance providers are not eligible.



For more information, please contact Lisa Ervin at (919) 715-7973 or lervin@nclm.org.